



# Hurlbutt Elementary School – October 2023

Hot Lunch Price: \$3.05 (includes hand fruit and choice of hormone free milk or bottled water)

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| <b>2</b><br>Chicken Tenders-<br>Oven Baked Breaded Chicken<br>Tenders<br>Seasoned Steamed Corn  | <b>3</b><br>Breakfast for Lunch-<br>French Toast-<br>Breakfast Sausage<br>Butter & Breakfast Syrup<br>Side Hash Brown- add \$1.25                                    | <b>4</b><br>Barilla Pasta Bar-<br>Choice of: Non GMO-Marinara,<br>Bolognese or Butter<br>Fresh Seasoned Green Beans  | <b>5</b><br>Cheese Quesadilla-<br>Natural Cheddar Cheese<br>Yellow Spanish Rice<br>Corn                                    | <b>6</b><br>Classic Cheese Pizza-<br>Non GMO- Tomato Sauce with<br>Extra Virgin Olive Oil<br>Natural Mozzarella Cheese<br>Fresh Seasoned Broccoli  |
| <b>9</b>  | <b>10</b><br>Chicken Tenders-<br>Oven Baked Breaded Chicken<br>Tenders<br>Seasoned Steamed Corn  | <b>11</b><br>Barilla Pasta Bar-<br>Choice of: Non GMO-Marinara,<br>Bolognese or Butter<br>Fresh Seasoned Green Beans | <b>12</b><br>Hamburger-<br>All Beef Burger<br>Natural Ketchup<br>Cheddar Cheese- add \$.80<br>Oven Baked Fries- add \$1.25 | <b>13</b><br>Classic Cheese Pizza-<br>Non GMO- Tomato Sauce with<br>Extra Virgin Olive Oil<br>Natural Mozzarella Cheese<br>Fresh Seasoned Broccoli |
| <b>16</b><br>Chicken Tenders-<br>Oven Baked Breaded Chicken<br>Tenders<br>Seasoned Steamed Corn | <b>17</b><br>Breakfast for Lunch-<br>Classic Waffles<br>Breakfast Sausage<br>Small Batch Strawberry Sauce<br>Butter & Breakfast Syrup<br>Side Hash Brown- add \$1.25 | <b>18</b><br>Tortellini-<br>Choice of: Non GMO-Marinara,<br>or Alfredo Sauce<br>Fresh Seasoned Broccoli              | <b>19</b><br>Nachos-<br>Seasoned Beef<br>Shredded Natural Cheddar<br>Crispy Tortilla Chips<br>Salsa                        | <b>20</b><br>Classic Cheese Pizza-<br>Non GMO- Tomato Sauce with<br>Extra Virgin Olive Oil<br>Natural Mozzarella Cheese<br>Fresh Seasoned Broccoli |
| <b>23</b><br>Chicken Tenders-<br>Oven Baked Breaded Chicken<br>Tenders<br>Seasoned Steamed Corn | <b>24</b><br>Buttermilk Pancakes-<br>Breakfast Sausage<br>Small Batch Blueberry Sauce<br>Butter & Breakfast Syrup<br>Side Hash Brown- add \$1.25                     | <b>25</b><br>Barilla Pasta Bar-<br>Choice of: Non GMO-Marinara,<br>Bolognese or Butter<br>Fresh Seasoned Green Beans | <b>26</b><br>Soup and a Sandwich-<br>Grilled Cheddar Cheese<br>Tomato Soup<br>Baked Tater Tots- add \$1.25                 | <b>27</b><br>Classic Cheese Pizza-<br>Non GMO- Tomato Sauce with<br>Extra Virgin Olive Oil<br>Natural Mozzarella Cheese<br>Fresh Seasoned Broccoli |
| <b>30</b><br>Chicken Tenders-<br>Oven Baked Breaded Chicken<br>Tenders<br>Seasoned Steamed Corn | <b>31</b><br>Breakfast for Lunch-<br>French Toast-<br>Breakfast Sausage<br>Butter & Breakfast Syrup<br>Side Hash Brown- add \$1.25                                   |  |  |  |

## Daily Alternate - Cold Lunch Sandwiches

(Sandwiches include hand fruit and choice of hormone free milk or small bottled water, \$4.50)

Boars Head Turkey with Natural Cheddar Cheese Sandwich

Sun Butter and Organic Non-GMO Grape Jelly Sandwich

## Daily a la carte offerings

(hand fruit and milk/water are **NOT** included with these items)

Bagel with Cream Cheese \$2.10

Cubed Cheese, Fresh Grapes and Non-GMO Cracker Cups \$3.00

Stonyfield Organic Yogurt Parfait made with Nut Free Non-GMO Granola \$2.95

GoGo SqueeZ Non-GMO 100% Fruit & Apple Sauce Pouches \$1.75

Assorted Whole Hand Fruit \$1.00

Fresh Cut Fruit Salad \$2.10

Cereal Bowls \$1.25

Chicken Noodle Soup (seasonal) \$3.00 (Non-GMO oyster crackers \$0.50)

## Beverages

### **Dairy**

Hormone Free 2% Milk \$0.90

Hormone Free Skim Chocolate Milk \$0.90

Horizon Organic Low Fat Milk Box (chocolate) \$2.40

Stonyfield Organic Yogurt and Fruit Smoothie \$1.60

### **Dairy Alternative**

Silk Soy Milk (chocolate) \$2.40

### **100% Fruit Juice**

100% Apple Juice \$1.25

100% Orange Juice \$1.25

### **Water**

Bottled Water \$0.80

# Snacks

Baked Lays Original

\$1.25

Whole Grain Pretzels

\$1.25

Good Health Veggie Straws (non-GMO)

\$1.70

Pirates Booty (non-GMO)

\$1.35

Fresh Baked Chocolate Chip Cookie

\$.80

Annie's Bunny Grahams (Organic)

\$1.10

Whole Grain Muffin

\$1.25

Chocolate Pudding \*GF

\$1.60

## **DID YOU KNOW?**

Our eggs are cage free

We use ingredients that are free from high fructose corn syrup

We do not deep fat fry

Our deli meats are Boars Head Brand

We use regional farmers for fruits and vegetables (seasonally available)

Our chicken is raised with restricted antibiotic protocols

We use only natural cheeses in our kitchens, non-processed

We do not use ingredients containing hydrogenated oils

Our meats are “whole muscle”

Our milk is hormone free

Our fruit juices are 100% juice

## **Parents of Students with Allergies**

Please contact us at [foodservices@westonps.org](mailto:foodservices@westonps.org) with questions regarding menu items and ingredients so we may provide your child with safe lunch choices.

## **Parental Controls**

We understand that parents may want to limit their child’s privileges to certain items available in the cafeteria. For more information about this service, please contact us at [foodservices@westonps.org](mailto:foodservices@westonps.org)